

Juice Plus+® Published Clinical Research

Research shows that...	Clinical Research Findings	Researchers' Institutions
<p>Juice Plus+® delivers key antioxidants and other phytonutrients that are absorbed by the body.</p>	<p>Several researchers have studied the bioavailability (absorption by the body) of key nutrients found in Juice Plus+® and reported Juice Plus+® effectively increased plasma levels of antioxidant nutrients and other phytonutrients.</p>	<p>*Tokyo Women's Medical University¹ *University of Florida² Vanderbilt University School of Medicine³ *Medical University of Vienna, Austria⁴ *University of Sydney, Australia⁵ King's College, London, England⁶ Brigham Young University⁷ University of Arizona⁸ University of Texas Health Science Center⁹</p>
<p>Juice Plus+® reduces oxidative stress.</p>	<p>Several studies have reported improved antioxidant capacity and reduced lipid peroxides, a key indicator of oxidative stress. In addition, researchers found that Juice Plus+® Orchard, Garden and Vineyard Blends together were effective in reducing a marker for oxidative stress associated with aerobic exercise.</p>	<p>*Tokyo Women's Medical University¹ *University of Florida² King's College, London, England⁶ University of Texas Health Science Center⁹ *Medical University of Graz, Austria¹⁰ *University of North Carolina – Greensboro¹¹</p>
<p>Juice Plus+® helps support a healthy immune system.</p>	<p>Good nutrition is important for normal function of the immune system. Investigators have found Juice Plus+® supports markers of proper immune function.</p>	<p>*University of Florida² University of Arizona⁸</p>
<p>Juice Plus+® helps protect DNA.</p>	<p>Good nutrition is also important to protect DNA from oxidative damage. Studies show a reduction from baseline DNA damage after Juice Plus+®.</p>	<p>*University of Florida² *Medical University of Graz, Austria¹⁰ Brigham Young University⁷</p>
<p>Juice Plus+® positively impacts several key indicators of cardiovascular wellness.</p>	<p>Different investigations showed Juice Plus+® improved various markers of vascular health, including decreased homocysteine levels, and helped maintain normal blood vessel elasticity after a high-fat meal.</p>	<p>*Tokyo Women's Medical University¹ Vanderbilt University School of Medicine³ *University of Sydney, Australia⁵ Foggia, Italy¹² *University of Maryland School of Medicine¹³</p>

*Randomized, double-blind, placebo-controlled investigation
 (For citations, please refer to Page 2.)

Juice PLUS+
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Juice Plus+® Clinical Research Currently Underway

In addition to the clinical studies on Juice Plus+® already published there are numerous others currently underway.

<i>Researchers from:</i>	<i>Are investigating the effect(s) of Juice Plus+® on:</i>
*University of Mississippi Medical Center	Pregnancy health.
*Wake Forest University, funded by the National Cancer Institute of the National Institutes of Health	Nutritional status and various markers of cell health.
University of Texas/MD Anderson Cancer Center	Nutritional status and quality of life.
*UCLA/Georgetown University	Bioavailability in an overweight population.
*University of Milan, Italy	Nutritional status in smokers.
*Yale University-Griffin Hospital Prevention Research Center	Endothelial function in insulin-resistant adults.
*University of South Carolina	Markers of systemic inflammation in healthy adults.
*University of North Carolina – Greensboro	Exercise-related muscle fatigue.
*University of Würzburg, Germany	Periodontal (gum) health.
*University of Birmingham, England	Periodontal (gum) health.
*Ontario, Canada	Markers of oxidation in healthy adults.

*Randomized, double-blind, placebo-controlled investigation

The citations below refer to the studies on Page 1.

1. *Asia Pacific Journal of Clinical Nutrition* 2007;16:411-421
2. *Journal of Nutrition* 2006;136:2606-2610
3. *Evidence-based Complementary and Alternative Medicine* 2007;4:455-462
4. *Journal of the American College of Nutrition* 2004;23:205-211
5. *Journal of Nutrition* 2003;133:2188-2193
6. *Journal of Human Nutrition and Dietetics* 2000;13:21-27
7. *Nutrition Research* 1999;19:1507-1518
8. *Integrative Medicine* 1999;2:3-10
9. *Current Therapeutic Research* 1996;57:445-461
10. *Journal of Nutrition* 2007;137 :2737-2741
11. *Medicine & Science in Sports & Exercise* 2006;38:1098-1105
12. *Nutrition Research* 2003;23:1221-1228
13. *Journal of the American College of Cardiology* 2003;41:1744-1749



For more information about research conducted on Juice Plus+®, please visit <http://www.menumakeover.com>